



## Training the Female Sport for All Leaders of Tomorrow Guidelines for Applicants

### About Us

Training the female sport for all leaders of tomorrow is a mentorship and mobility programme - co-funded by the European Commission - which aims to empower young African and European women and equip them with knowledge, skills and experiences to lead the Sport for All Movement. The programme will not only strengthen employability, but also enhance personal development through time spent in a foreign country. The project is led by TAFISA, African Union Sports Council Region 5, European Network Sport Education, Olympic Committee of Slovenia – Association of Sport Federations.

We are seeking 20 mentees (10 from selected countries in Africa and 10 from selected countries in Europe – see below) who are dedicated, committed and passionate individuals who believe they have what it takes to lead the Global Sport for All Movement.

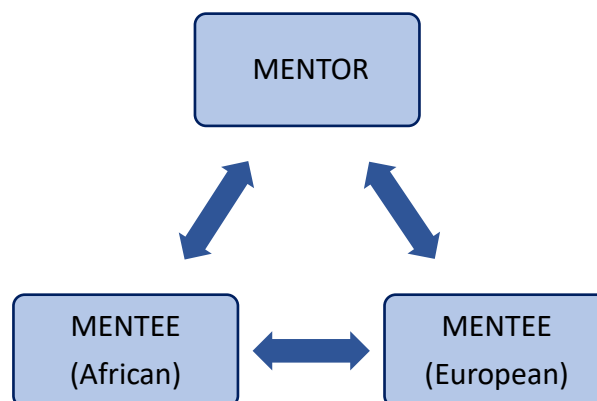
**Eligible countries in Africa:** Angola, Botswana, Eswatini, Lesotho, Malawi, Mozambique, Namibia, South Africa, Zambia, Zimbabwe.

**Eligible countries in Europe:** Erasmus+ Member and Programme countries (see here).

**All costs associated with this programme (flights, accommodation, meals, visas, insurance, etc.) are covered by the project budget**

### How it works

We will create mentoring trios (see below) which comprise one mentee from Africa, one mentee from Europe and one mentor (either from Africa or Europe). The mentors' role is to share their vast experience in the field of Sport for All with their mentees – both in person and remotely - and empower mentees to develop their professional skills in the field of Sport for All.





Each mentoring trio will be tasked with developing their own Sport for All project throughout the lifespan of the programme.

#### Timeline and activities

- 2-year project from January 2020 to December 2021
- Each mentee will participate in three face to face mobility activities:
  - 1<sup>st</sup> mobility: until start of October, home country of the mentor
  - 2<sup>nd</sup> mobility: 28<sup>th</sup> November to 9<sup>th</sup> December 2020, Lesotho
  - 3<sup>rd</sup> mobility: 4<sup>th</sup> to 11<sup>th</sup> October 2021, Slovenia
- Mentoring trios are expected to have approximately 12 online (telephone/skype) meetings (minimum of one every two months)

The main project activities are as follows:

#### 1. Individual mentoring – first mobility – 7 days

The first mobility will involve a physical meeting of each mentoring trio in the home country of the mentor. For 7 days the mentees will take part in a tailored programme which will include; job shadowing, personal and professional development, and exchange of knowledge and experiences. In addition, each mentoring trio will be tasked with developing a project, including objectives, milestones, projections, etc., which they will complete and present during the third mobility.

#### 2. Event Management Experience – 2<sup>nd</sup> Mobility – 10 days

During the African Union Sports Council (AUSC) Region 5 Youth Games in December 2020, Lesotho, all mentees will be integrated in the Games' Organising Team. For 10 days, the mentees will have the opportunity to volunteer within the organising and delivery of the Youth Games; gaining significant experience in the organisation of a grassroots sport event.

#### 3. Capacity building and training – 2<sup>nd</sup> Mobility – 4 days

While in Lesotho for the AUSC Region 5 Youth Games, all mentees will participate in a 4-day TAFISA Certified Leadership Course (CLC) in Sport for All (existing programme, recognised by the International Olympic Committee) which will be jointly hosted by TAFISA and AUSC R5 from from 5th to 8th December 2020. The CLC modules (The Global Sport for All Movement; Leadership, Management and Strategy in Sport for All; Sport for All Programmes and Events Management; Target Groups in Sport for All; Gender Equality in Sport for All; Communications and Marketing in Sport for All; Volunteering in Sport for All) will provide mentees with the necessary skills to act as ambassadors and empower others within the Sport for All Movement.

#### 4. Knowledge and experience sharing – 3<sup>rd</sup> Mobility – 8 days

The final mobility will involve all mentors and mentees (all 10 trios) meeting for 6 days during the 27<sup>th</sup> TAFISA World Congress in October 2021 in Ljubljana, Slovenia. Mentees and mentors will showcase the results of the mentorship and mobility project, in general, and present their individual projects through oral and poster presentations.



What are the benefits?

So, why should you apply to become a mentee of this project?

This is a rare opportunity to learn from global experts in the Sport for All field and enhance professional and personal development through first-hand experiences, informal education, and visits to foreign countries. You will also meet like-minded people from different backgrounds.

Who can apply?

1. Female aged between 18 to 30 years old.
2. Proficient in a working level of English.
3. Hold (as a minimum) high-school diploma.
4. Undertaking studies or employment and able to provide a letter of support from your place of study and/or employment.
5. 2 years' experience as an employee or volunteer in Sport, or a relevant field relating to social development (e.g. health, education, gender, violence, social inclusion, etc.).
6. Have interest and are motivated to work internationally.
7. Are committed to the project's 2-year lifespan, available to attend all three mobilities and are willing to sign a commitment agreement.
8. Possess good communication, interpersonal and time and project management skills.
9. Ability to work well as part of a small team.
10. Proficient with Microsoft office and access to a computer and internet.
11. Ability to travel internationally and hold a valid passport.
12. No restrictions which would prevent successful application of a visa (e.g. no criminal record).
13. Knowledge and understanding of the Sport for All Movement is an added advantage (however this is not compulsory).
14. Must not have benefitted from a similar exchange programme in the last five years

How to Apply

In order to apply as a mentee for this project, please follow the steps below:

Stage 1 – written application

1. Complete the application form
2. Attach an updated CV
3. Collect a letter of support from your place of employment/study

Please send all of the above to and CV to [sportzavse@olympic.si](mailto:sportzavse@olympic.si).

**DEADLINE: 8<sup>th</sup> April 2020**

Stage 2 - Interview

- Selected applications will be invited for an in-person or remote interview within the first two weeks of April 2020.

**Final decision – successful applications will be informed by the end of April 2020.**